#### **Protecting Water Starts at Home:** Local waterways and the Salish Sea

**Bob Simmons, Associate Professor, Water Resources** 



Suquamish S'Klallam Coast Salish Twana/Skokomish Tulalip Suquamish Duwamish Stillaguamish Coast Salish

Duwamish

Squaxin Suquamish Coast Salish

> Puyallup Coast Salish

uamish

#### native-land.ca

Twana/Skokomish



#### **Ice Ages**



The Cordilleran Ice Sheet pushed southward into the Puget Lowland as many as six times over 100,000 years. The retreat of the Vashon Stade started approximately 17,000 years ago.

#### Glacial till



#### More Glacial Ti





- Total watershed area, not counting the upper Fraser River area: 42,000 square miles
- Coastline, including islands: 4,642 miles
- Total number of islands: 419
- Number of species listed as threatened, endangered or are candidates for listing: 54

Map of the Salish Sea and Surrounding Basin Stefan Freelan WWU 2009





#### Who lives in a watershed

- Fish
- Birds
- Reptiles
- Amphibians
- Mammals
- ... the little things that run the world





- Plants
- Moss
- Lichens
- Fungus
- Algae
- ... the little things that really run the world









Slide courtesy of Jeff Adams Washington Sea Grant



#### Start of the Water Cycle



#### **Forest Canopy**

Photo: Bob Simmons

#### Understory

Photo: Bob Simmons

Photo: Bob Simmons

#### Herb Layer

Photo: Bob Simmons

#### Duff Layer

#### **Root Zone and Below**



#### **Forest Layers**



**Graphic: Stacey Gianas** 



#### **Undeveloped - Forest**

- During winter months evaporation continues to be active while the transpiration component is minimal
- Storm events moderated by infiltration, evaporation, and evapotranspiration
- Water is available in substrata to sustain stream base flows during summer months
- As winter progresses, the interflow component of stream flow increases
- During the Summer and Fall streams are maintained primarily by glacial melt water and/or groundwater flow















#### **Smothered salmon redd**







#### Silverdale, WA











#### **Everett**, WA



#### Carkeek Park, Piper's Creek

A.







#### What is the leading cause of pollution in the Salish Sea?



### Stormwater is the leading cause of pollution in the Salish Sea!

Ę





## 75% of toxics are carried to the Puget Sound by runoff!

Source: Washington Dept. of

Ecology, May 2011, Pub. #11-03-025



#### Commencement Bay, Tacoma

# Photo: WA Dept of Ecology

#### Montlake Cut, Seattle

# The stormwater pollution you see...

Photo by Blake Feist, NOAA Fisheries

#### Montlake Cut, Seattle

xenoestrogens phenanthrenes

fluorenes

lead polybrominated caffeine diphenyl ethers pyrethroid insecticides nickel antidepressants

cadmium

surfactants

mercury

nanomaterials copper PCBs

zinc

perfluorinated compounds

dibenzothiophenes

phthalates

... and the pollution you don't see

Photo by Blake Feist, NOAA Fisheries



#### Septic Systems



#### WASHINGTON STATE UNIVERSITY EXTENSION



#### Animals, Manure and Pet Waste

Pesticides






#### Our actions affect each other

Ground water does not respect boundaries

What you do may affect your well or your neighbor's well

&

What your neighbor does may affect your well

&

Groundwater eventually flows to waterways



#### **Possible Surface and Ground Water Contaminants**

- Septic Systems
- Fertilizer, Manure, Animals
- Insecticides, Herbicides & Fungicides
- Household Hazardous Products
- Leaking Oil Tanks
- Road Runoff



### Septic Systems: For only that which comes out of you!









## Animals, Manure and Pet Waste



Keep manure piles & animal enclosures away from well.

Cover manure piles, spread at agronomic rates (Snohomish Conservation District)

Pick up pet waste

## Minimize Fertilizer Leaching and Runoff



- Do a soil test and use WSU Recommendations
- Use slow-release or organic fertilizer
- Apply at the correct rates, when the plants are growing and need the nutrients
- Avoid fertilizer and pesticide use close to a well or water bodies



## What Chemicals Should I Use

To Kill Bugs To Kill Weeds, Moss To Prevent Fungus To .....

# To Make My Garden Healthy??



#### Pesticides are Designed to Kill Things

Insecticide Rodenticide Fungicide Herbicide Miticide Homicide

They can also kill things that are not a problem

# USGS Stream Study



Puget Sound Basin

USGS Fact Sheet 067-97: Pesticides in Selected Small Streams in the Puget Sound Basin, 1987-1995



## **Significant Findings**

#### Number and Type of Pesticides Detected

	In water	In bed sediments
Herbicide	17	2
Insecticide	5	4
Fungicide	1	1
Degradation products of DD1	<u>0</u>	2
Total	23	9

The most commonly detected pesticides in streams were among the most heavily used in the basin. The most frequently detected pesticide in streams was 2,4-D, the most heavily used herbicide in the Puget Sound Basin. Other commonly detected and heavily used pesticides were the herbicide dicamba and the insecticide diazinon.

Pesticide concentrations generally were small. None of the detected pesticides in streams exceeded existing State or Federal freshwater aquatic life criteria; however, criteria have been established for only two of the pesticides detected. Diazinon, mevinphos, malathion, and diuron were found in streams exceeding maximum concentrations recommended by the National Academy of Sciences for the protection of aquatic life (National Academy of

👻 🔁 Go

#### Address 🕘 http://wa.water.usgs.gov/pubs/fs/fs122-96/



#### Sampling results for 1,326 public supply wells

- Pesticides were detected in 6% of 1,103 randomly selected public supply wells sampled across Washington.
- 21 of 27 analyzed pesticides were detected. Pesticides detected in three or more wells were: atrazine; simazine; dicamba; 2,4,5-TP; 2,4-DB; picloram; metribuzin
- The concentration of pentachlorophenol exceeded the EPA maximum contaminant level (MCL) in one well. Dieldrin and endrin concentrations
  exceeded EPA health advisory levels in one well each. However, EPA drinking water standards have not been established for 11% of the
  pesticides detected by contract labs in this study.
- More than 10% of wells with detections had more than one pesticide detected.

#### Risk assessment

Factors that correlated with pesticide detection were:

- Land use predominantly agricultural or urban
- Well depth less than 125 feet
- Nitrate concentration greater than 2.7 mg/L (Steve Swope, Pacific Groundwater Group, written commun., 1994)





# http://npic.orst.edu/

1-800-858-7378



## National Pesticide Information C 1.800.858.7378 npic@ace



You are here: NPIC Home Page -> Pesticide Ingredients -> Active Ingredients -> Active Ingredient Fact Sheets -> 2,4-D General Fact

#### What is 2,4-D?

2,4-D is an herbicide that kills plants by changing the way certain cells grow. 2,4-D comes in several chemical forms, including salts, esters, and an acid form. The toxicity of 2,4-D depends on its form. The form also affects what will happen to 2,4-D in the environment and what impacts it may have, especially on fish. 2,4-D is used in many products to control weeds, and it is often mixed with other herbicides in these products.

2,4-D was first used in the United States in the 1940s. Agent Orange, an herbicide used during the Vietnam War, contained both 2,4-D and 2,4,5-T. Dioxin, a by-product of 2,4,5-T, led to the ban of Agent Orange.

#### What are some products that contain 2.4-D?

2,4-D General Fact Sheet

#### Related

PDF Version Technical Fac



pic.orst.edu/factsheets/24Dgen.html

#### Has anyone studied non-cancer effects from long-term exposure to 2,4-D?

Animals fed high doses of 2,4-D for several weeks sometimes had fewer young or the young did not have normal skeletons. This only happened if the amount of 2,4-D fed to the mothers was enough to affect the mothers. 2,4-D has not been linked to health problems in human mothers or infants.

#### Are children more sensitive to 2,4-D than adults?

+

While **children may be especially sensitive to pesticides** compared to adults, there are currently no data to conclude that children have increased sensitivity specifically to 2,4-D.

#### What happens to 2,4-D in the environment?

2,4-D goes through different changes in the environment depending on its form. Most of the time, 2,4-D breaks down in soil so that half of the original amount is gone in 1-14 days. This breakdown time is called the "half-life" of the pesticide. One form of 2,4-D, the butoxyethyl ester had a much longer half life in aquatic sodim

ester, had a much longer half-life in aquatic sediment of 186 days.

2,4-D is broken down by bacteria in water and in soil. Water alone can also break down 2,4-D. 2,4-D has been found at low levels in shallow groundwater and streams in both rural and urban areas.



#### Can 2,4-D affect birds, fish, or other wildlife?

How 2,4-D affects animals and plants depends on the form of 2,4-D. Some of the ester forms of 2,4-D can be very toxic to fish and other aquatic life. The salt forms may be only slightly toxic to aquatic animals. Aquatic animals are more sensitive to 2,4-D as water temperature rises. 2,4-D may be moderately toxic to practically non-toxic to birds if they eat it. Eggs sprayed with 2,4-D still hatched and the chicks were normal. 2,4-D is practically non-toxic to honeybees. It is not expected to be a hazard to other beneficial insects.



Q

☆ マ C 3 - npic





https://www.growsmartgrowsafe.org

#### **Leaking Oil Tanks**



- In our rainy climate with our acid soils, underground tanks typically begin leaking after about 20 years.
- Best solution is to remove old tanks.
- Monitor fuel level when furnace is off.

#### **Household Hazardous Products**



- Read label to choose least hazardous
- Store in secondary containment
- Protect soil from vehicle and home maintenance projects

#### Snohomish County: Household Hazardous Waste

Lead





# **Stormwater Contaminants**

Nitrates, ammonia, phosphorus

WASHIN

- Fecal coliform, enterococcus, viruses, parasites, pathogens
- Turbidity and sediment
- Heavy Metals
  - Cu, Zn
  - Cd, Ni, Pb, Cr
- Polycyclic aromatic hydrocarbons PAHs
- Tire compounds



## Wastewater Contaminants

West Point Wastewater Treatment Plant

- Heavy Metals
- Pharmaceuticals
- Nitrates, ammonia
- Phosphorus



Photo: University of Washington

- Fecal coliform, enterococcus, viruses, parasites, pathogens
- Microfibers and associated bacteria
- Synthetic organic compounds used in food production, personal care products, plastics manufacturing, and other industrial processes such as flame retardants, dioxins, and steroid hormones



# Pharmaceuticals discharged from wastewater treatment plants



Fig. 3. Risk quotient for 14 PPCPs in wastewater effluent and in Lake Michigan (RQ>1 is high risk, RQ from 0.1 to 1 is medium risk, and RQ<0.1 is low risk).

Blair, et. al., 2013



# 2019 STATE OF THE SOUND



Nathalle Flamel (and colleagues) Vital Signs Reporting Lead, Puget Sound Parmership November 20, 2019



## "On the surface, Puget Sound looks beautiful, but it's in grave trouble"

-Laura Blackmore, Executive Director, Puget Sound Partnership





Bloom

Red-brown bloom and organic surface debris flowing north with outgoing tide. Location: Eld Inlet (South Sound), 12:47 PM









## How we keep track of recovery





#### **Vital Sign Assessment**

2020 targets



targets

indicators do not have targets but are reported in this table for progress relative to a baseline reference

## **Healthy Water Quality Vital Signs**

GOAL > VITAL SIGN > INDICATOR	PROGRESS	STATUS
- Healthy Water Quality		
- Freshwater Quality		
Freshwater impairments	OR NO DATA	BELOW 2020 TARGET
Benthic Index of Biotic Integrity	MIXED RESULTS	BELOW 2020 TARGET
Water Quality Index	NOT	BELOW 2020 TARGET
<ul> <li>Marine Sediment Quality</li> </ul>		
Chemicals exceeding Sediment Quality Standards	GETTING BETTER	BELOW 2020 TARGET
Sediment Quality Triad Index	MIXED RESULTS	BELOW 2020 TARGET
Sediment Chemistry Index	NOT	NEAR OR AT 2020 TARGET
+ Marine Water Quality		
+ Toxics in Fish		

## **Healthy Water Quality Vital Signs**

GOAL > VITAL SIGN > INDICATOR	PROGRESS	STATUS
- Healthy Water Quality		
➡ Freshwater Quality		
← Marine Sediment Quality		
<ul> <li>Marine Water Quality</li> </ul>		
Marine Water Condition Index	GETTING WORSE	NO 2020 TARGET
Dissolved oxygen in marine waters	UNSUFFICIENT OR NO DATA	BELOW 2020 TARGET
<ul> <li>Toxics in Fish</li> </ul>		
Contaminants in adult Chinook salmon	UNSUFFICIENT OR NO DATA	BELOW 2020 TARGET
Contaminants in English sole	MIXED RESULTS	BELOW 2020 TARGET
Contaminants in juvenile Chinook salmon	UNSUFFICIENT OR NO DATA	BELOW 2020 TARGET
Contaminants in Pacific herring	MIXED RESULTS	BELOW 2020 TARGET



## CHINOOK SALMON POPULATION ABUNDANCE There is little sign of recovery of Puget Sound Chinook populations





#### CHINOOK SALMON POPULATION ABUNDANCE

#### Chinook Salmon Natural-Origin Spawner Abundance



The +\* and -\* symbols indicate that the population statistically significantly increased or declined, respectively, over the time period.



## BIOMASS OF SPAWNING PACIFIC HERRING Two of the three stocks have declined since 2010



PROGRESS:	STATUS:	
GETTING WORSE	BELOW 2020 TARGET	

Puget Sound Partnership, 2019



### **BIOMASS OF SPAWNING PACIFIC HERRING**



Washington State Department of Fish and Wildlife, Marine Fish Unit (Forage Fish)



# 2019 STATE OF THE SOUND



#### www.stateofthesound.wa.gov

Puget Sound Partnership, 2019



# **Forest Layers**



Graphic: Stacey Gianas




Mycorrhizal short roots of pine seedlings [Jim Deacon]

Bob Simmons simmons@wsu.edu

hs

and a

8

C Worldprints.com

## Thank You

Bob Simmons WSU Extension simmons@wsu.edu 360.379.5610 x207