Puget Lowland Rivers and Streams

Wes Lauer Associate Professor of Civil & Environmental Engineering Director, Environmental Science Program, Seattle University





- Geology/Glacial History
- Watersheds/River Systems
- Natural Morphology and Processes
 - Plan/Profile/Cross-Section
 - Geomorphic Change
- Human Modification
 - Hydrology/Sediment/Wood/Connectivity



Regional Pleistocene History: Vashon Ice Sheet

- Maximum glaciation ~17,000 years ago
- Occurred AFTER alpine glaciers retreated high into mountains
- Seattle covered by ice for only about 1000 years
- Ice sheet blocked mountain valleys



From Porter and Swanson, 1998, Quaternary Research 50



Regional Sub-Glacial Terrain





Pro-glacial Lakes

- Gravely delta moraines formed at edge of ice
- Lakes extended up valley



Deglaciation

- Occurred over hundreds of years
- Rapid pro-glacial lake drainage
- Slow rebound of land surface (highest in north)
- Very slow valley filling thereafter











Geotechnical Extreme Events Reconnaissance (GEER) report, Keaton et al., 2014 http://www.geerassociation.org/administrator/components/com_geer_reports/geerfiles/GEER_Oso_Landslide_Report.pdf



- Install Google Earth Pro (available at <u>https://www.google.com/earth/versions/#earth-pro</u>)
 - (if you have trouble, use online version at https://earth.google.com/web/, but this will not allow use of add-ins)
- Install add-in here: (<u>https://ge-map-overlays.appspot.com/world-maps/maps-for-free-relief</u>)
 - You may need to log in first. Hopefully, I can share the file with you over Zoom.
- Zoom to the region where each of you in your group lives. Do you think you are located on glacial till, outwash, or post-glacial valley fill?











- Larger rivers pass through glacial valleys that have filled with sediment during the past several thousand years.
- Small streams on uplands generally pass across glacial till, then move across steep zone before entering river valley or sound.
- Glacial deposits play an important role in groundwater hydrology.



- Basic Hydrology
 - Large Rivers (Snowmelt/Rainfall/Transitional)
 - Flow/flood statistics
 - Lowland Streams
- River/Valley Morphology
- Processes of Geomorphic Change





Most high-elevation rivers in Washington are like this.





Most lowland rivers in Puget Sound are something like this.





Most small lowland streams in the Puget Sound region are like this, but more exaggerated.







Hydrograph Change Activity

In new groups, sketch what you think a future average annual hydrograph would look like in a snowmelt-dominated watershed. If you have time, discuss how the actual hydrograph in a given year would differ from the annual average.



Oct Nov Dec Jan Feb Mar Apr May Jun Jul Aug Sep

Climate Change: Most pronounced effect is change in snowpack and time of year when snowmelt dominates hydrograph

Historical



High

Low

Elsner et al., 2010

Reduction in snowmelt and change in stream temperatures will change hydrograph timing





Average Flow Warming

Oct Nov Dec Jan Feb Mar Apr May Jun Jul Aug Sep



Elsner et al., 2010



Year to Year Variability

Average Flow for the Year, Snohomish River





Year to Year Variability

Highest Flow of the Year, Snohomish River



Median or 50th Percentile of these floods has a 50% chance of being equaled or exceeded each year, so it is exceeded on average every other year. We call it the 2-year flood.



February 8, 2015 Flooding, Middle Elwha River



Rivers tend to adjust their geometries to flows that happen relatively frequently (every few years)



Discharge

From Federal Interagency Stream Restoration Working Group, 2001, Stream Corridor Restoration: Principles, Processes, and Practices

Natural rivers flood (i.e., inundate vegetated surfaces) every year or two.



Benefits

- Re-sets geomorphic system
- Moves (and cleans) sediment
- Creates variability that becomes habitat
- Disturbs ecosystem, but native species are resilient and require the disturbance

Drawbacks

- Unnaturally large floods can cause excessive erosion/scour
- Especially where river banks are straightened/armored, flood velocities can be too high and sweep organisms away



Changes in Flood Frequency



2100





Urbanization Impact on Storm Flow



From Federal Interagency Stream Restoration Working Group, 2001, Stream Corridor Restoration: Principles, Processes, and Practices





From Booth et al., 2007, J. Am. Water. Res. Assoc. 38.





A lower number means a larger fraction of flow leaves watershed in large flow events. In other words, for low numbers, when it floods, it REALLY floods (and is pretty dry the rest of the time). This is associated with poor stream health. Basic problem is also important in any developing area, E.G. Hagley Gap, Jamaica Runoff flows overland, eventually must enter channel

Typical Erosion Problem Where Flow Re-enters Channel

 \oplus

Main source of runoff is new construction along road, not necessarily runoff from pervious surfaces.



Culverts under roadway are temporary solution, but additional development could lead to excessively high flows.



- Large lowland rivers are affected by both winter floods and snowmelt while smaller streams are affected mainly by winter floods.
- Natural rivers and streams are strongly affected over time by "ordinary" flood flows.
- Because urbanization affects flood flows significantly, urbanization can have strongly negative impacts on the morphology and ecology of these systems.



Geomorphology and Sediment Transport

- Types of Sediment Transport
 - Suspended Load: Sediment is wellmixed throughout the water column
 - Bed Load: Sediment hops or rolls along the bed
- Sediment Origin
 - Mass wasting (landslides, etc.)
 - Surface erosion
 - Bank erosion





Rivers tend to adjust their slope, grainsize, or cross-sections until they are capable of transporting their sediment given their flood regime.





Modes of Adjustment



Borland (1960) illustration of Lane's 1955 balance



Profile Types





River Planform Types

- **Straight**: No obvious curvature—but often occurs where bedrock controls valley walls
- **Braided**: Many converging/diverging channels or flow paths
- Island Braided (a.k.a. Wandering or Anastamosing): Braided, but with permanently vegetated islands
- Meandering: Sinuous single channel



From Schumm, 1985



- Many lowland Puget Sound naturally included multiple channels
- May have been maintained by wood in channel (log jams)
- Side channels were populated by Beaver
- Channelization has simplified most large rivers in Washington



From Collins, Montgomery, and Sheik, 2003 ⁴¹



- Rivers in the Northwest typically had complex valley and profile morphologies and could be:
 - Braided
 - Meandering
 - Anabranching or "Wandering"
- River profiles vary characteristically with slope, with various processes setting the position of pools, bends, etc.



Planform Change through Bend Migration



Strickland River, Papua New Guinea

Meander Neck (when neck erodes, leaves behind oxbow lake)

Point Bars Cut Banks

Typical Migration for a River Bend Historic (1952) aerial photograph

> 500 Meters

125

250

0

Modern (1998) aerial photograph







Avulsion: Large-scale redirection of flow into new course



These photos show how a river (in a laboratory) can change course





- Visit <u>https://earthengine.google.com/timelapse/</u>, and pan/zoom around until you can find an example of geomorphic change on a river.
- Be prepared to share your screen when you find a good one, and comment on whether the river is meandering, braided, or island-braided.
- If you want to start in Washington, use this link (I'll share over Zoom):

https://earthengine.google.com/timelapse#v=48.30092,-122.72574,6.995,latLng&t=2.9&ps=50&bt=19840101&et=20181231&startDwell= 0&endDwell=0



Notice that the complexity here is probably a function of active geomorphic process. Most river restoration focuses on these processes.



From Federal Interagency Stream Restoration Working Group, 2001, Stream Corridor Restoration: Principles, Processes, and Practices

Role of Wood: Creates stable points, and redirects flow/sediment

Elwha River, February 2015

Basic Point of Hypothesis: Large wood lasts a very long time, pushes system toward anabranching or wandering state because of stability caused by large "key" pieces.







Most wood is/was in the form of logjams





Nisqually River, Collins and Montgomery, 2002, *Restoration Ecology* 10

General Land Office Plat Map of Skagit River near Mt. Vernon, ca. 1905. Note depiction of log jams spanning channel.



- Rivers tend to be braided (and active) where sediment loads are high
- Lowland Puget Sound rivers in glacially-carved valleys naturally migrated through progressive bend migration, leaving complex off-channel water bodies across the meander belt
- Large wood played (and plays) an important role stabilizing parts of Puget Sound systems and creating local variability
 - Tends to push "braided" or "meandering" rivers toward "Anabranching"







Fishing for the Safest Seafood from the Lower Duwamish River? Eat Salmon.

The main way people are exposed to chemicals in the river is through eating fish. Don't eat resident fish, shellfish, or crab that live year-round in the river. Salmon are the healthiest choice because they spend a short time in the river.





US EPA



From Liao, 2014, Natural Hazards

Howard Hansen Dam



From US Army Corps of Engineers

Flood Management

Every Puget Sound lowland river is HIGHLY modified in the lowermost reaches. The modifications have severely limited natural channel migration and riparian vegetation.





Impact of Howard Hanson Dam





- Important impacts for large rivers
 - Reduction in width of alluvial corridor by channelization/levees
 - Dams
 - Removal of large wood and loss of riparian forest
 - Climate change
- Important impacts for smaller streams
 - Urbanization increases stormflow and causes pollution
 - Disruption of connectivity (e.g. culverts)
 - Loss of wood
 - Climate change



References

- Booth, D.B., Haugerud, R., Troost, K., 2002, The Geology of Puget Lowland Rivers, in Montgomery, D., Bolton, B., Booth, D., Wall, L., eds. *Restoration of Puget Sound Rivers*. University of Washington Press. Seattle.
- Booth, D.B., Hartley, D., Jackson, R. 2007, Forest Cover, Impervious-Surface Area, and the Mitigation of Stormwater Impacts. *J. Am. Water. Res. Assoc.* 38. 835-845.
- Booth, D.B., Karr, J.R., Schauman, et al., 2004, Reviving urban streams: Land use, hydrology, biology, and human behavior. *J. Am. Water. Res. Assoc.* 40: 1351-1364.
- Borland, W. M., Miller, C.R. 1960, Sediment problems of the lower Colorado River, *Proc. Am. Soc. Civ. Eng. J. Hydraul. Div.*, 86(4), 61 87
- Collins, B.D., Montgomery, D.R., Sheik, A.J., 2003. Reconstructing the Historical Riverine Landscape of the Puget Lowland. In Montgomery, D., Bolton, B., Booth, D., Wall, L., eds. *Restoration of Puget Sound Rivers.* University of Washington Press. Seattle.
- Elsner, M.M., Cuo, L., Voisin, N. et al. 2010. Implications of 21st century climate change for the hydrology of Washington State. *Climatic Change* 102: 225. https://doi.org/10.1007/s10584-010-9855-0
- Federal Interagency Stream Restoration Working Group, 2001, *Stream Corridor Restoration: Principles, Processes, and Practices*
- Keaton, J.R., Wartman, J., Anderson, S., et al. 2014. The 22 March 2014 Oso Landslide, Washington. Geotechnical Extreme Events Reconnaissance (GEER) Report, available at https://snohomishcountywa.gov/DocumentCenter/View/18180/GEER_Oso_Landslide_Report_July2014
- Liao, 2014, From flood control to flood adaptation: a case study on the Lower Green River Valley and the City of Kent in King County, Washington. Natural Hazards 71, 723-750.
- Montgomery, D.B., Buffington, J.M. 1997. Channel-reach morphology in mountain drainage basins. GSA Bulletin 109, 596-611.
- Mackin, J.H., 1941, Glacial Geology of the Snoqualmie-Cedar Area, Washington. J. Geology 49: 449-481.
- Porter, S.C., and Swanson, T.W., 1998, Radiocarbon age constraints on rates of advance and retreat of the Puget Lobe of the Cordilleran Ice Sheet during the last glaciation. *Quaternary Research* 50, 205–213.
- Schumm, S.A., 1985, Patterns of Alluvial Rivers. *Annual Review of Earth and Planetary Sciences* 13-5-27.



Additional Reading Recommendations

- Salish Sea Wiki: <u>https://salishsearestoration.org/wiki/Welcome_to_Salish_Sea_Restoration</u>. This is a clearing house for many of the concepts in this course. I suspect all students will be interested—my talk most closely covered the "floodplain" and "lowland watershed" parts of the system, so students interested my material might start there.
- Booth, D., Troost, K., Clague, J.J., Waitt, R.B., 2003, "The cordilleran ice sheet." Developments in Quaternary Science 1, 17-43. Available at <u>http://s46986.gridserver.com/resources/2004boothetal_Cordilleran.pdf</u>: This provides a comprehensive scientific assessment of Puget Lowland glaciation and the Missoula Floods.
- Unfortunately, the Booth et al. reference above is a bit dense. I am not familiar with single book that
 focuses just on Puget Sound glaciation, but there is a section in Arthur Kruckeberg's 1995 book The
 Natural History of Puget Sound Country
 (<u>http://www.washington.edu/uwpress/search/books/KRUNAT.html</u>) that should provide a good
 overview. We have learned a few things about the glacial history of the region since 1995, but I think
 the general story has been understood for a long time.
- For a general overview of the importance of rivers for salmon habitat, a great place to start is
- Montgomery, D., 2004, King of Fish: The Thousand-Year Run of Salmon. It's available online and at most local bookstores.
- For an overview of Duwamish River issues, I recommend the essays in the very accessible coffeetable book by Reese, T., 2016, Once and Future River: Reclaiming the Duwamish. It is available at <u>http://www.washington.edu/uwpress/search/books/REEDEA.html</u> and at local bookstores.